

VAHAV Connection

VIRGINIA ASSOCIATION OF HEALTHCARE AUXILIARIES AND VOLUNTEERS

CAPITAL • HAMPTON ROADS • NORTHERN • PIEDMONT • SOUTHWESTERN

www.vahav.org

Volume XXXV111, Number 2

April 2014

Greetings from the President

Volunteering is Love in Motion

Here's hoping for an early spring and the snow is long behind us! Enough said about the weather...

Soon throughout the state, the VAHAV will be conducting their District Meetings. Hopefully, I can answer this question better than I did at the 2013 Williamsburg Conference. "Why should I attend, and what will I learn?" Well, first of all, you will meet some wonderful people from the surrounding hospitals. You may develop some lasting friendships as I did and have. Secondly, you're going to learn what the other hospitals are doing. Such as: fund raising and gift shop ideas, how to recruit/keep new volunteers, and volunteer activities throughout the hospital. Lastly, you are going to understand why you are a part of VAHAV and how we can help each other. There are so many things you can and will learn. Attending your District meeting will leave you refreshed, energized, and eager to take what you have absorbed back to your hospital. But, most of all, they are FUN! If at all possible, please make an effort to attend your District Meeting. The schedules are posted on the VAHAV website. Your organization's President will soon or should be receiving the Call Letter and form announcing the time, place, registration fee, and activities.

Every hospital auxiliary organization in the VAHAV should have by-laws. If you're a "first timer", READ your organization's By-Laws. If you're an officer, READ your Leadership Manual. If you don't have one, go to www.vahav.org and ask your DVS to make you a copy. You will be surprised by the number of questions you will have answered just by reading the by-laws!

President's Message (Continued)

Maybe I've answered the questions I didn't in Williamsburg. I hope we all have beautiful traveling weather and I look forward to seeing each of you at your District Meeting.

Since this article has been so serious, I'd like to end with a little hospital humor. "We rushed our four-year old son, Ben, to the emergency room with a terrible cough, high fever, and vomiting. The doctor did an exam then asked Ben what bothered him the most. After thinking it over, Ben said hoarsely, 'I would have to say my little sister'."

Alane Lovern, President, VAHAV

Convention News

The 2013 Annual VAHAV Conference was an exciting one for me and holds many wonderful memories. I had the pleasure and honor of presenting the VAHAV Volunteer of the Year 2013 award, the first year of its inception. Many thanks to all who submitted submissions for this award.

From applications received, one volunteer was selected from each District by our five VAHAV District Chairs. From these five submissions, our 2012 VAHAV President selected one to become the VAHAV Volunteer of the year 2013. Certain criteria was followed in making these selections.

I want to reiterate the fact that all volunteers are the most wonderful people on the face of this earth and all are so special and all have a loving heart.

Marie Bond of Sentara Williamsburg Regional Medical Center (Hampton Roads District) was presented the VAHAV Volunteer of the Year 2013 award at the Conference on Wednesday, October 9th in Williamsburg, VA.

From the submission form, here are some **quotes** by the SWRMC Auxiliary President:
"Marie embodies every good trait of a strong and determined "Steel Magnolia". She is foremost recognized as a dedicated wife, mother, and grandmother. She is indefatigable, she is thoughtful, she has an infectious spirit, she is creative and artistic. She is honest and thrifty and a great communicator. She is smart and funny. She is loved and beloved. Most recently, Marie took on the challenge of designing the Auxiliary's Unique Boutique which provides free hats, wigs and scarves for those in our community who have lost their hair due to a variety of reasons...from chemotherapy, from alopecia, from thyroid issues and from a variety of other hormonal or autoimmune illnesses. Marie worked within a small budget donated by the Auxiliary and transformed

two little rooms into a beautifully warm and welcoming shop. Since launching this much-needed service in January 2012, the Auxiliary has served 36 women in our community. It is with tremendous pride I nominate Marie Bond as the 2013 VAHAV Volunteer of the year. Marie is recognized as the "go to" person, the person who will not only make the trains run on time, every time, but as the Pied Piper, will enthusiastically include all who want to join the venture. She is our "maven", one who communicates clearly the tasks at hand and is readily available to lend a hand. She is always looking for new opportunities to advance the mission of the Auxiliary and is tireless in her work on every committee she serves."



As the current Auxiliary President, I have recently judged over 30 superb scholarship applications and they were outstanding. Someday I hope these young people will mature into an Auxiliary and community leader, such as Marie Bond.

From a correspondence I received from Marie I quote: "I share this award with all of my friends and co-workers who have supported me in many areas. We are a family and team and I am proud to represent our Auxiliary with this fabulous award. Thank you for your kind words I heard thru my tears of joy. I am so grateful to all of you and the Board of the State Officers. Love to all of you."

Congratulations and thanks to Marie and to:

Frances Thompson from Community Memorial Hospital who received the VAHAV **Capital District** Volunteer of the Year 2013 award.

Mary Agnes Mosher from INOVA Fair Oaks Hospital who received the VAHAV **Northern District** Volunteer of the Year 2013 award.

Jerry Wayne Wright from Sentara RMH Medical Center who received the VAHAV **Piedmont District** Volunteer of the Year 2013 award.

Barbara R. Caruso from Mountain View Regional Medical Center who received the VAHAV **Southwestern District** Volunteer of the Year award.

Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience, and just plain love for one another.

- Erma Brombeck

Doris Jean Raynes, Immediate Past President

A MESSAGE FROM OUR LEGISLATIVE CHAIR

IN CASE YOU ARE ASKED

VAHAV was founded in **1949** and is the only state organization of its kind which specifically serves healthcare auxiliaries and volunteer organizations. The organization is dedicated to helping its members achieve their full potential by offering support, education, fund raising, communication, and recruitment tools to its members.

Membership is open to any auxiliary or volunteer organization affiliated with a healthcare facility in the Commonwealth of Virginia and recognized by the governing body of a health care facility.

Currently, VAHAV has **sixty (60)** healthcare auxiliaries and volunteer organizations as members. These organizations are made up of men, women, and teens who volunteer their time, expertise, and caring concern. VAHAV partitions Virginia into **five** districts: Capital (with **10** Auxiliaries); Hampton Roads (with **12**); Northern (with **15**); Piedmont (with **10**); and faraway Southwestern (with **13**).

Presently, over **12,000** adults and **2,600** teenagers volunteer. In **2013**, over one million, eight hundred thousand (**1,800,000**) hours were accrued.

Volunteering mainly covers patient escort and information services in hospitals, operating hospital Gift Shops, manning community Thrift and Consignment shops, and conducting fund raising events – all of which financially support VAHAV hospitals and healthcare facilities.

In 2013, these operations netted over **six (6) million** dollars. For example, the Inova Fairfax Auxiliary donated a state-of-the-art pediatric ambulance to its hospital.

As a bonus, VAHAV offers approximately **\$500,000** in yearly healthcare scholarships to nurses and teen volunteers.

Personally, I volunteer in patient escort two afternoons a week at Inova Fairfax Medical Campus in Falls Church. I am also on the Executive Committee of the Inova Fairfax Auxiliary of which I am a Past President.

Our website **VAHAV.org** identifies our governing Board and has links to *The Connection* and information about the specific member hospitals and healthcare facilities.

Bill Foster, VAHAV Legislative Chair

THRIFT SHOP NEWS

I recently visited the Augusta Health Thrift Shop located in Staunton, Virginia. The Thrift Shop has been operating in the same location for over fifty years and even has some volunteers that have been working there since its opening. The volunteers and employees informed me that other thrift shops have recently moved into the area so the Augusta shop has started using new and creative methods to stay competitive. These include raffles, jewelry sales, bake sales, and an Easter basket raffle. They have also noticed an increase in younger visitors, many of whom are staying at the Stonewall Jackson Hotel and Conference Center.

Sue Gregory
Thrift Shop Chair





Gift Shop Talk

The most important factor in operating a successful retail shop is to make your shop a fun place to visit. Your shop should be a place where regular customers come in all the time just to see “what’s new”. Try to make your shop a part of your hospital’s employees’ daily life, and their favorite store!

Here are a few suggestions to “Pep Up’ your gift shop:

- Think of the customer’s “senses”. Have music playing in the background. Studies show music enhances the shopping experience and increases sales. Music CDs playing in the shop can also be sold.
- Accept credit cards and initiate payroll deduction. Both forms of payment are convenient for customers and increase sales.
- What services do you offer? Postage stamps, phone cards, frequent buyer programs, payroll deduction, and gift wrapping are ways to comfort the customer.
- Ask your customers for feedback. A survey is helpful. Keeping customer comment cards at the register area shows you care about them. Responding to their feedback shows you want to continue to do better.
- Visit other retail locations, both mainstream and in hospitals, and note their merchandise selections and presentations.
- Open Accounts – Allow hospital departments to have “open accounts”. When a special event occurs, this enables the department to purchase a

gift, etc. and put it on their account. You will bill them monthly. This really works with outside customers as well, i.e., Nursing homes, Doctor's offices, etc. They can call up and order flowers, gifts, etc. and be billed monthly.

Any of these suggestions alone will not guarantee the success of a gift shop, but by combining them effectively, a shop's chances of succeeding profitably are all but guaranteed.

Paula Faverio, Gift Shop Chair

From Our Parliamentarian:

Dear Board members:

Hello to the new members who have joined the VAHAV board this term—
Welcome!

For your own information, I urge you to go to the Leadership manual (posted online at the VAHAV.org website) and turn to the bylaws.

Over the past few years they have been updated by the previous parliamentarian and webmaster and contain vital information. I found that when I came onto the VAHAV board the bylaws and standing rules held the answers to many of my questions!!! With that in mind, I am sending this reminder!

Here are a few items to note:

Article V—Officers ---check the terms of the various officers; some differ from others.

Article VI--Districts—Section 2—Information about district officers. Since District meetings will be held soon, it would be wise to check these sections in the bylaws.

Article VIII--Committees—Section 3 –all candidates accepting nomination shall have signified so in writing.

Standing Rules—There is no mandate to review the bylaws or standing rules in even numbered years, but if you know of or think there is need for reviewing any of the standing rules this term, please let me know.

Section III--Board of Directors –302--when considering nominees for board positions, consider members from all 5 districts.

Please read through that section which ends with #318 -- at the end of Section III.

Standing Rules (p 27) Reimbursements--please read carefully #617-621, especially #620. Then #621 (If you plan to attend more than your own District meeting and wish to claim reimbursement for expenses, you must make that request of the President of the VAHAV).

Section 9-[29) Annual Spring District meeting... District directors, I urge you to read this section carefully. #902 indicates that the respective District chair sets the date and location of each district meeting. These meetings are self-supporting, and the District director should present a written/oral report of that meeting and its expenses at the next VAHAV meeting. See #909 ==& 910 for additional info.

At the end of the Standing Rules find a very informative accounting of the history of our organization – a good read.

Thank you for your attention!

Enjoy the district meetings; I'll see you soon.

Rochelle Grey, Parliamentarian

From VAHAV Membership Chair

My name is Patsy Garrett and as Membership Chairman of the Virginia Association of Healthcare Auxiliary and Volunteers (VAHAV), I want to take this opportunity to introduce myself. I have been volunteering at Centra Lynchburg General Hospital for 14 years and have been active on the auxiliary board for 12 of those years. I am presently the Recording Secretary.

My job as membership chair is to help you in whatever capacity you may need with regards to any membership issues. Please feel free to call or email me

should you have questions or concerns with regards to your VAHAV membership. If I do not have an immediate answer for you, I will make every effort to find the correct one and get back to you as soon as possible.

I look forward to meeting many of you at up-coming District Meetings or at the VAHAV 2014 conference in Roanoke.

***Patsy Garrett,
Membership Chairman***

From Our Sponsorship Chair....

Rochelle has handed over the Sponsorship reins to me, "the new kid on the block".

I am looking forward to this fund raising challenge and working with all of the auxiliaries. The VAHAV 65th Annual Conference in Roanoke belongs to all of you, and with your support we will have the best conference ever!

Who is the new Chair? Answer: A hospital clown, Frank Ringquist aka "Dr. C. Nile" from Stafford Hospital. Yes, there is a "card carrying" clown on the Board.

Regards,

***Frank Ringquist,
Sponsorship Chair***

WANTED...



We are looking for YOU!!

There are scholarships available for attendance to the Annual Conference and/or quarterly VAHAV Board Meetings.

Please contact **Bettie Moores, Chair**
804-639-3786





EDITOR'S REMINDER

Please forward newsletter articles
(preferably) or your auxiliary newsletter to
NEWSLETTER@VAHAV.ORG

OR

LLShelton@cox.net

**DEADLINE for the July 2014 Issue Is June
1st. Thanks!!**

WHERE DO I FIND...

- President:** Alane Lovern, president@vahav.org
President Elect: Marion (Barney) Barnwell, presidenelect@vhav.org
Past President: Doris Jean Raynes, pastpresident@vahav.org
Treasurer: Harry Russell, treasurer@vahav.org
Recording Secretary: Bonnie Langer, recordingsecretary@vahav.org
Corresponding Secretary: Carolyn Johnson, correspondingsecretary@vahav.org
Conference Coordinator: Debbie Sammler, conferencecoordinator@vahav.org
Parliamentarian/By-Laws: Rochelle Grey, parliamentarianbylaws@vahav.org
Communications: Charlie Alford, communications@vahav.org
Emblems: Judy Clements, emblems@vahav.org
Gift Shop: Paula Faverio, giftshop@vahav.org
Legislative: Bill Foster, legislative@vahav.org
Membership: Patsy Garrett, membership@vahav.org
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Scholarship: Bettie Moores, scholarship@vahav.org
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Sponsorship: Frank Rinaust, sponsorship@vahav.org
Thrift Shop: Sue Gregory, thriftshop@vahav.org
Vendors: Gloria Heishman, vendor@vahav.org
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Hampton Roads District Chairman: Felicia Avinger, HamptonRoadsDistrict@vahav.org
Northern District Chairman: Jimmi Barnwell, NorthernDistrict@vahav.org
Piedmont District Chairman: Paula Faverio, PiedmonDistrict@vahav.org
Southwestern District Chairman: Donna Raines, SouthwesternDistrict@vahav.org

FROM OUR 2013 CONFERENCE COORDINATOR....

The 64th Annual Conference 2013 held in Williamsburg, VA received so many wonderful evaluations and I want to thank each and every one for their participation. I also personally want to thank our speakers, Registration Chairman and Committee, Social Host Chairman and Committee, along with the VAHAV Board for all their help and participation. I hope that you as Volunteers and Auxilians received much information to take back to your individual hospitals and auxiliaries. Our speakers, from the Opening Session to the Closing Session, were excellent. The Workshops and Round Table discussions, along with the Vendor Fair and our super Entertainment, added much interest and knowledge. It takes a great deal of preparation and participation to make the Annual Meeting educational, informative and fun. Along with the VAHAV Board we want to thank each volunteer and auxilian and are so looking forward to seeing you in Roanoke for our 65th Annual Conference on October 8 – 10, 2014. The theme, "Love in Motion" should spur us on to show our potential as the wonderful volunteers and auxiliaries that represent our hospitals throughout VAHAV.

Carolyn Johnson
VAHAV Conference Coordinator

Save the Date

October 8-10, 2014
(Wednesday through Friday)

at the
Hotel Roanoke & Conference Center in Roanoke, Virginia

Hope you can join us for the
65th Annual VAHAV Educational Conference!

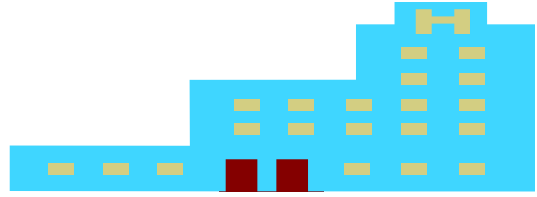
**Volunteering is Love in
Motion**

We have lots in store for you at the upcoming Conference including **Speakers, Workshops, Round-Table Discussions, Entertainment** and our **Vendor Fair**. We are also working on some new and exciting activities for you to take advantage of.

This is **your** conference and **your** opportunity to network with Volunteers around the state. If you have time constraints and can't join us all 3 days, please consider coming for at least one day.

Alane Lovern, our VAHAV President, is very excited to share her theme with you and is looking forward to meeting each and every one of you.

Debbie Sammler
VAHAV 2014 Conference Coordinator



Hospital Auxiliary News



Northern District

Unless you are an Eskimo, we should all be tire of this snow and looking forward to spring. My son, who lives in Minnesota, and has lived there for over twenty years and used to love Minnesota, is saying he is thinking of moving to Arizona. I think everyone everywhere who had lots of snow this winter is thinking of warmer climates. But as I told my son every place has something; tornadoes, hurricanes, earthquakes, floods, forest fires, mud slides, etc. So I guess I will stay put and grin, bear it and complain.

There will be no complaints when we attend the Northern District Spring meeting May 13 in Warrenton, Virginia. The Fauquier Auxiliary is busy getting ready for us. Auxiliary President, Sandra Brown, assures me everyone is going to have a most enjoyable time at the meeting. When your auxiliary receives the registration packet from Fauquier, please make sure your auxiliary registers before the deadline.

Speaking of registering, it may be early but be sure to make plans to attend the VAHAV Conference in October in Roanoke, VA. That date to place on your calendars is October 8-10, 2014.

Your calendars are getting full, I know. You have your auxiliary events, the district (Northern) events and the state (VAHAV) events. However, when you attend events other than your local auxiliary events, you get to meet new people, exchange ideas, learn new things and get away to another hospital. You get a break from the same old routine. Join us for these events. I assure you it will be different and fun. See you soon.

Jimmi Barnwell, Northern District Chair

Carillion Franklin Memorial Hospital

Carillion Franklin Memorial Hospital Auxiliary has had many activities going on since December. We had our Love Light Tree Ceremony on December 7th with the proceeds going for medications for the Free Clinic. On Monday, December 8, we had our Awards and Recognition Luncheon and new officers were installed for 2014-2015. An all-day Retreat for the Board was held in January to discuss plans for the coming year, discuss new ideas and how to secure volunteers and improve our programs throughout the community. A new Membership Brochure was introduced and will be distributed to Doctor's Offices, Welcome Centers at Smith Mountain Lake and the Town of Rocky Mount. A Jewelry Sale will be held in March followed by a Books Are Fun event also in March. The Board voted to do an ice cream social for all employees during Employee Appreciation Week. As you can see we are quite busy and this is only a small sampling of what we do. As our VAHAV theme for the this year is "Love In Motion" we just keep moving and sharing.

Carolyn Johnson

Culpeper Memorial Health System

In 2013 the Auxiliary's 244 active members provided 33,548 hours of volunteer service.

The 31st annual Lights of Love campaign raised over \$8,000. This money will be used to purchase new rocking chairs for the Family Birth Center, which was recently re-designated as "Baby Friendly" by Baby Friendly U.S.A. This award was first received in 2008, and our Family Birth Center is the first and only facility in Virginia to hold this designation.

Joint Camp is a new area of service for volunteers. A total of 137 patients attended Joint Camp from its beginning in January 2013 through the end of the year. The class is led by Brenda Austin, MSN, ACNP Orthopedics and is part of the certification initiative to receive the "Orthopedic Center of Excellence" designation.

In February 2013 the Thrift Shop created an Assistant Manager position, which has allowed Dottie McConchie, long-time Manager, to cut back to part-time status. The holiday gift of a 2012 Ford cargo van was a big boost to the Auxiliary,

as the old 1987 van was no longer safe to operate. The Thrift Shop's yearly contribution to the Hospital increased by 15.6% over that given in 2012.

Total 2013 contributions to the Hospital from the Auxiliary are as follows: Gift Shop \$13,500; Coffee Shop \$17,000; Thrift Shop \$185,000. These monies go towards our pledge of \$500,000 to purchase a breast coil and related software for the Hospital's MRI machine.

Margaret Williams

Inova Fairfax Hospital

The Auxiliary of Inova Fairfax Hospital has been quietly working on a bylaws update, making improvements to the scholarship announcements, which includes expanding to digital, and increasing the number of some of the scholarships.

Volunteers also took their annual test on hospital rules, helping to ensure understanding and compliance.

With hospital renovations continuing, the gift shops are relocating some of their goods between the shops to improve sales. A shop will open in an extra location as work begins on the main lobby of the Tower and the Tower gift shop closes.

The Auxiliary executive board members met with hospital President Patrick Christiansen for lunch at the end of February. The Auxiliary was asked and has pledged to make a \$500,000 donation to the new Inova Women's Hospital. This amount will go toward the build out of the 48 private room high-risk perinatal unit. The Auxiliary also agreed to make a \$1 million pledge toward the new Inova Children's Hospital, which will be used to support capital expenses associated with the construction of its world-class 108-bed level IV NICU. The Auxiliary was thanked at a Women's & Children's Hospitals beam signing event in March.

On April 7, volunteers will be celebrated at the annual volunteer recognition banquet, to be held in the Physicians Conference Center.

Judy Shapleigh

Inova Fair Oaks Hospital

As Spring FINALLY arrives, we are sitting our sights on the coming year and another successful period of Auxiliary activities.

We have an outstanding corps of volunteers who interact with our wonderful Inova Fair Oaks Hospital staff in fulfilling the mission of providing the best quality care to our patients. As Auxiliary President, I am joined by the new Vice President, Debbie Sammler, who has a myriad of volunteer experiences here at Inova Fair Oaks. Debbie is also a key player in the statewide organization, the Virginia Association of Healthcare Auxiliaries and Volunteers (VAHAV), where she is the 2014 Chair of the Conference to be held in Roanoke in October. This follows a year of Debbie serving as the VAHAV Membership Chair.

Debbie has replaced Joan Letchworth who decided not to run for re-election; Joan will continue to chair the Scholarship Committee. I was privileged to serve alongside Joan and very much appreciated her efforts to keep our auxiliary on an even keel as it continues to grow in spirit and activity.

In October of 2013, we had our annual membership luncheon, culminating in the election of the 2014 officers and the adoption of revisions to the Auxiliary's Bylaws. It was a wonderful luncheon with excellent entertainment. Many thanks go to Joan Letchworth who, with many helping hands, organized an excellent program with beautifully decorated tables.

We were fortunate to have Jimmi Barnwell, President of the VAHAV Northern District, install our officers. Her husband, Barney Barnwell, who serves on the statewide VAHAV Board, accompanied her.

Also in December, the Auxiliary held its annual Santa Tour of patient rooms. Russ Mosher, the chair of this activity, could not be with us this year because of ill health. However, Mary Agnes Mosher rose to the occasion by making all the necessary arrangements, which she and Russ normally make together. Several volunteers accompanied Santa and the Ox Hill Baptist Church carolers in making the rounds and handing out delectable cookies and candy kisses.

We had a highly successful Valentine's Day Balloon and Candy sale in the hospital lobby on Valentine's Day. All our offerings were sold out. Many of our volunteers helped prepare the merchandise for sale and then assisted in the actual conducting of the sale.

To be a part of the Inova Fair Oaks Auxiliary is a special privilege that has been very fulfilling for me. I always look forward to my volunteer shift with knowledge that many wonderful people are also giving their time and talents to the marvelous Inova Fair Oaks Hospital.

Chuck Caputo
President

Inova Loudoun Hospital

- Fall 2013 found the Ladies Board busy with our 75th Annual Rummage Sale which raises money for nursing scholarships, pledges to the hospital, and our greatest needs gifts to hospital departments. Our rummage sale is the 2nd largest sale in the country! 2013 sale raised over \$213,000 with over 300 volunteers who sorted, priced, and sold many treasures of Loudoun County.
- Shortly after the rummage sale we celebrated our remembrance project with a ceremony at the hospital recognizing the many Loudoun community members who were honored or remembered by friends and family. One of our local high school choirs entertained our guests and the program was closed with refreshments donated by Ladies Board members. All the monies donated to the Lights of Love project is given to our nursing scholarship program.
- The holidays arrived at our Gift Shop and Twice As Nice Thrift Shop with enthusiasm and holiday décor. Trees were decorated and lighted in both shops and they had an excellent holiday season,
- The Thrift Shop has just finished a large renovation of the shop and sales are soaring. They have included a 'boutique' section of clothing. They also met their pledge of \$75,000 to the Ladies Board. They continue to support other charities from medical supplies to the Loudoun Free Clinic to towels/blankets to the local animal shelter.
- In January 2014, the Gift Shop donated an additional \$55,000 to the Ladies Board. The shop has done well this winter in spite of all the snow and extreme weather. We provide a valuable service to our hospital employees and guests. Spring flowers, bunnies, and new spring clothing have arrived. The shop has been selling shirts, jackets, scarves, pashminas and even stylish felt hats this winter! Fresh flowers, plush animals, used books, a large selection of magazines and notions, garden flags and decorations along with gorgeous jewelry add to making our Gift Shop a special place to shop. We went to the Atlantasmart Gift Show in July, the Philadelphia Gift Show in January and in March to Kurt Adler to purchase Christmas items, and this April we will attend a clothing show in Virginia Beach.

- The 2014 Nursing Scholarship is in progress and we hope to give many deserving Loudoun County nurses and aides scholarships to help with their school expenses.
- Our Piggy Banks and Teddy Bears at the Gift Shop, Thrift Shop, and cafeteria continue to collect change each month for the Polly Clemens Nursing Fund. All proceeds go directly to the Ladies Board Birthing Inn to be used for specific needs designated by the Birthing Inn staff.
- Currently, we have given \$238,000 towards our million dollar pledge to support the renovation of the Cornwall campus.

Our membership is currently 77 members who give hundreds of volunteer hours every month to support our Inova Loudoun Hospital. We were awarded, in March 2014, the Gold Helix Award given by The Foundation for our contributions of time, energy, and funds to support the hospital where needed.

Novant Health Haymarket Medical Center

Our newest hospital, Novant Health Haymarket Medical Center is due to open in March. The community is invited to an opening event from noon to 3 p.m. on Saturday, February 22nd. There will be a ribbon cutting with Novant Health officials in attendance. State, county and local officials are also being invited. The 60-private bed hospital is visible from Interstate 66 and is just west of Route 15. It is located at 15225 Heathcote Road. Besides the 60 beds, the hospital will have an emergency room that will be open 24 hours a day, seven days a week; an eight-bed critical care unit; four surgical rooms; and post-surgical care. Outpatient rehab services will also be available. Other services to be offered are women's health and maternity services, a well-baby nursery, mammography, imaging and X-ray. Amenities include a gift shop and café. There will also be an interfaith "reflection" room.

**Margaret Gorzka, Auxiliary President
Novant Health Prince William Medical Center**

Sentara Northern Virginia Medical Center

Stephen D. Porter, SNVMC's new president, assumed his new roles effective January 4, 2014. We have had the opportunity to meet with him and look forward to a productive working relationship.

The Auxiliary has started to receive applications for our new junior class. Applications will be accepted through February 28 and the new juniors will start working after the 2013/14 school year ends. We expect to bring on about 50 teenagers who are at least 14 years of age and are entering the Sophomore, Junior or Senior year in high school.

We also started accepting applications for college scholarships from February 4th through mid-March. The scholarships are \$2,000 each and are offered to graduating seniors who will be pursuing a degree in a medical field.

The final numbers for the funds raised by our LoveLight Tree program were several thousand dollars lower than in past years. We believe this is due to the impact of Sequestration and the government shutdown in 2013, as there is a large number of federal employees and contractors in the area.

We are working on developing brochures and posters to make patients and staff more aware of our Pet Therapy Program. The contest to name the program (entrants are PawScripture, Fido First Aid, Furry First Aid and Cheerful Paws) has generated a lot of interest and we have even had a request for a pet therapy visit from our new President!

The Auxiliary was most pleased that Sentara established a volunteer coordinator position at Sentara Northern Virginia Medical Center. Ms. Phim Gilberry, who has worked with the auxiliary in a prior position with the Potomac Hospital Foundation, is now our Volunteer Coordinator. She entered the position on January 13th, and has proven to be quite an asset for the auxiliary.

Joyce Perietz

Sentara RMH Medical Center

Yes, we have a new name at RMH! On January 1st, we became Sentara RMH Medical Center. We are now Sentara RMH Volunteer Services Department and we have retained the name RMH Volunteer Auxiliary.

Our officers for 2014 are: Nancy Bradfield, President; Pat Shoemaker, Vice President; Denise Whitman, Secretary and Ellie Swadley, Treasurer. Our first fundraiser will be the end of March with another scheduled in April.

We are ready for Spring and a busy year of service to our patients and the hospital. Our new Volunteer Services Director, Melinda Noland, is busy evaluating past practices and assessing current services. She is also exploring new opportunities for our volunteers. The vision for this search is to identify programs and services that have the potential to enhance the quality, safety and customer service our hospital departments need and our community members' desires.

Recently we broke ground for Sentara RMH Orthopedics Center and Advanced Imaging Services. This will be a place where orthopedic medicine, sports medicine, physical therapy, hand therapy and imaging services can take place in one location. As we go forward, Sentara RMH will be able to serve our patients more comprehensively and efficiently.

Nancy Bradfield
President

Musings from your Editor:

Strive not to be a success, but rather to be of value.

Albert Einstein

I attribute my success to this: I never gave or took any excuse.

Florence Nightingale

I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

Maya Angelou

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